

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**B-SILMUT, TYTÖT FREE SKATING**

**FRIDAY, 30 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 17.00.00 - 17.04.00 | Warm-Up Group 1 |
| 17.04.30 - 17.10.15 | 1               |
| 17.10.15 - 17.16.00 | 2               |
| 17.16.00 - 17.21.45 | 3               |
| 17.21.45 - 17.27.30 | 5               |
| 17.27.30 - 17.33.15 | 6               |
| 17.30.30 - 17.34.30 | Warm-Up Group 2 |
| 17.35.00 - 17.40.45 | 7               |
| 17.40.45 - 17.46.30 | 8               |
| 17.46.30 - 17.52.15 | 9               |
| 17.52.15 - 17.58.00 | 10              |
| 17.58.00 - 18.03.45 | 11              |
| 18.03.45 - 18.09.30 | 12              |
| 18.09.30 - 18.15.15 | 13              |
| 18.12.30 - 18.16.30 | Warm-Up Group 3 |
| 18.17.00 - 18.22.45 | 14              |
| 18.22.45 - 18.28.30 | 15              |
| 18.28.30 - 18.34.15 | 16              |
| 18.34.15 - 18.40.00 | 17              |
| 18.40.00 - 18.45.45 | 18              |
| 18.45.45 - 18.51.30 | 19              |
| 18.51.30 - 18.57.15 | 20              |

Warm-Up: 4:00    Duration of Skating: 2:30 +/-10 seconds    Introduction: 0:30    Judging First: 2:45    Judging Last: 2:45

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**A-SILMUT, TYTÖT FREE SKATING**

**FRIDAY, 30 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 19.25.00 - 19.29.00 | Warm-Up Group 1 |
| 19.29.30 - 19.35.15 | 1               |
| 19.35.15 - 19.41.00 | 2               |
| 19.41.00 - 19.46.45 | 3               |
| 19.46.45 - 19.52.30 | 4               |
| 19.52.30 - 19.58.15 | 5               |
| 19.58.15 - 20.04.00 | 6               |
| 20.04.00 - 20.09.45 | 7               |
| 20.07.00 - 20.11.00 | Warm-Up Group 2 |
| 20.11.30 - 20.17.15 | 8               |
| 20.17.15 - 20.23.00 | 9               |
| 20.23.00 - 20.28.45 | 10              |
| 20.28.45 - 20.34.30 | 11              |
| 20.34.30 - 20.40.15 | 12              |
| 20.40.15 - 20.46.00 | 13              |
| 20.46.00 - 20.51.45 | 14              |
| 20.51.45 - 20.57.30 | 15              |

Warm-Up: 4:00    Duration of Skating: 2:30 +/-10 seconds    Introduction: 0:30    Judging First: 2:45    Judging Last: 2:45

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**B-DEBYTANTIT, TYTÖT FREE SKATING**

**SATURDAY, 31 JANUARY 2026**

|                   |                 |
|-------------------|-----------------|
| 9.00.00 - 9.04.00 | Warm-Up Group 1 |
| 9.04.30 - 9.10.45 | 1               |
| 9.10.45 - 9.17.00 | 2               |
| 9.17.00 - 9.23.15 | 3               |
| 9.23.15 - 9.29.30 | 4               |
| 9.29.30 - 9.35.45 | 5               |
| 9.35.45 - 9.42.00 | 6               |

Warm-Up: 4:00    Duration of Skating: 3:00 +/-10 seconds    Introduction: 0:30    Judging First: 2:45    Judging Last: 2:45

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**NOVIISIT, TYTÖT FREE SKATING**

**SATURDAY, 31 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 9.50.00 - 9.54.00   | Warm-Up Group 1 |
| 9.54.30 - 10.00.45  | 1               |
| 10.00.45 - 10.07.00 | 2               |
| 10.07.00 - 10.13.15 | 3               |
| 10.13.15 - 10.19.30 | 4               |
| 10.19.30 - 10.25.45 | 5               |
| 10.25.45 - 10.32.00 | 6               |
| 10.32.00 - 10.38.15 | 7               |
| 10.35.30 - 10.39.30 | Warm-Up Group 2 |
| 10.40.00 - 10.46.15 | 8               |
| 10.46.15 - 10.52.30 | 9               |
| 10.52.30 - 10.58.45 | 10              |
| 10.58.45 - 11.05.00 | 11              |
| 11.05.00 - 11.11.15 | 12              |
| 11.11.15 - 11.17.30 | 13              |
| 11.17.30 - 11.23.45 | 14              |
| 11.23.45 - 11.30.00 | 15              |

Warm-Up: 4:00    Duration of Skating: 3:00 +/-10 seconds    Introduction: 0:30    Judging First: 2:45    Judging Last: 2:45

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**DEBYTANTIT, TYTÖT FREE SKATING**

**SATURDAY, 31 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 11.50.00 - 11.55.00 | Warm-Up Group 1 |
| 11.55.30 - 12.01.45 | 1               |
| 12.01.45 - 12.08.00 | 2               |
| 12.08.00 - 12.14.15 | 3               |
| 12.14.15 - 12.20.30 | 4               |
| 12.20.30 - 12.26.45 | 5               |
| 12.26.45 - 12.33.00 | 6               |
| 12.30.15 - 12.35.15 | Warm-Up Group 2 |
| 12.35.45 - 12.42.00 | 7               |
| 12.42.00 - 12.48.15 | 8               |
| 12.48.15 - 12.54.30 | 10              |
| 12.54.30 - 13.00.45 | 11              |
| 13.00.45 - 13.07.00 | 12              |

Warm-Up: 5:00    Duration of Skating: 3:00 +/-10 seconds    Introduction: 0:30    Judging First: 2:45    Judging Last: 2:45

**HELMIPIRUETIT  
TIME SCHEDULE  
JUNIORIT, NAISSET SHORT PROGRAM**

**SATURDAY, 31 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 13.45.00 - 13.50.00 | Warm-Up Group 1 |
| 13.50.30 - 13.56.10 | 2               |
| 13.56.10 - 14.01.50 | 3               |
| 14.01.50 - 14.07.30 | 4               |
| 14.07.30 - 14.13.10 | 5               |
| 14.13.10 - 14.18.50 | 6               |
| 14.16.20 - 14.21.20 | Warm-Up Group 2 |
| 14.21.50 - 14.27.30 | 7               |
| 14.27.30 - 14.33.10 | 8               |
| 14.33.10 - 14.38.50 | 9               |
| 14.38.50 - 14.44.30 | 10              |
| 14.44.30 - 14.50.10 | 11              |
| 14.50.10 - 14.55.50 | 12              |
| 14.55.50 - 15.16.30 | Ice Resurfacing |
| 15.16.30 - 15.21.30 | Warm-Up Group 3 |
| 15.22.00 - 15.27.40 | 13              |
| 15.27.40 - 15.33.20 | 14              |
| 15.33.20 - 15.39.00 | 15              |
| 15.39.00 - 15.44.40 | 16              |
| 15.44.40 - 15.50.20 | 17              |
| 15.50.20 - 15.56.00 | 18              |

Resurfacing: 20:40 Warm-Up: 5:00 Duration of Skating: 2:40 +/-10 seconds Introduction: 0:30 Judging First: 2:30 Judging Last: 2:30

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SENIORIT, NAISSET SHORT PROGRAM**

**SATURDAY, 31 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 16.00.00 - 16.05.00 | Warm-Up Group 1 |
| 16.05.30 - 16.11.10 | 1               |
| 16.11.10 - 16.16.50 | 2               |
| 16.16.50 - 16.22.30 | 3               |
| 16.22.30 - 16.28.10 | 4               |
| 16.28.10 - 16.33.50 | 5               |
| 16.33.50 - 16.39.30 | 7               |

Warm-Up: 5:00    Duration of Skating: 2:40 +/-10 seconds    Introduction: 0:30    Judging First: 2:30    Judging Last: 2:30

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SM-NOVIISIT, POJAT SHORT PROGRAM**

**SATURDAY, 31 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 17.15.00 - 17.19.00 | Warm-Up Group 1 |
| 17.19.30 - 17.24.40 | 1               |

Warm-Up: 4:00    Duration of Skating: 2:20 +/-10 seconds    Introduction: 0:30    Judging First: 2:20    Judging Last: 2:20

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SM-NOVIISIT, TYTÖT SHORT PROGRAM**

**SATURDAY, 31 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 17.25.00 - 17.29.00 | Warm-Up Group 1 |
| 17.29.30 - 17.34.40 | 1               |
| 17.34.40 - 17.39.50 | 2               |
| 17.39.50 - 17.45.00 | 3               |
| 17.45.00 - 17.50.10 | 4               |
| 17.50.10 - 17.55.20 | 5               |
| 17.53.00 - 17.57.00 | Warm-Up Group 2 |
| 17.57.30 - 18.02.40 | 6               |
| 18.02.40 - 18.07.50 | 7               |
| 18.07.50 - 18.13.00 | 8               |
| 18.13.00 - 18.18.10 | 9               |
| 18.18.10 - 18.23.20 | 10              |
| 18.23.20 - 18.28.30 | 11              |
| 18.28.30 - 18.43.30 | Ice Resurfacing |
| 18.43.30 - 18.47.30 | Warm-Up Group 3 |
| 18.48.00 - 18.53.10 | 12              |
| 18.53.10 - 18.58.20 | 13              |
| 18.58.20 - 19.03.30 | 14              |
| 19.03.30 - 19.08.40 | 15              |
| 19.08.40 - 19.13.50 | 17              |

Resurfacing: 15:00 Warm-Up: 4:00 Duration of Skating: 2:20 +/-10 seconds Introduction: 0:30 Judging First: 2:20 Judging Last: 2:20

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SM-SENIORIT, NAISSET SHORT PROGRAM**

**SATURDAY, 31 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 19.25.00 - 19.31.00 | Warm-Up Group 1 |
| 19.31.30 - 19.37.10 | 1               |

Warm-Up: 6:00    Duration of Skating: 2:40 +/-10 seconds    Introduction: 0:30    Judging First: 2:30    Judging Last: 2:30

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SM-JUNIORIT, NAISSET SHORT PROGRAM**

**SATURDAY, 31 JANUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 19.25.00 - 19.31.00 | Warm-Up Group 1 |
| 19.37.10 - 19.42.50 | 2               |
| 19.42.50 - 19.48.30 | 3               |

Warm-Up: 6:00    Duration of Skating: 2:40 +/-10 seconds    Introduction: 0:30    Judging First: 2:30    Judging Last: 2:30

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**JUNIORIT, NAISSET FREE SKATING**

**SUNDAY, 01 FEBRUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 9.15.00 - 9.21.00   | Warm-Up Group 1 |
| 9.21.30 - 9.28.20   | 1               |
| 9.28.20 - 9.35.10   | 2               |
| 9.35.10 - 9.42.00   | 3               |
| 9.42.00 - 9.48.50   | 4               |
| 9.48.50 - 9.55.40   | 5               |
| 9.55.40 - 10.10.40  | Ice Resurfacing |
| 10.10.40 - 10.16.40 | Warm-Up Group 2 |
| 10.17.10 - 10.24.00 | 6               |
| 10.24.00 - 10.30.50 | 7               |
| 10.30.50 - 10.37.40 | 8               |
| 10.37.40 - 10.44.30 | 9               |
| 10.44.30 - 10.51.20 | 10              |
| 10.51.20 - 10.58.10 | 11              |
| 10.58.10 - 11.04.10 | Warm-Up Group 3 |
| 11.04.40 - 11.11.30 | 12              |
| 11.11.30 - 11.18.20 | 13              |
| 11.18.20 - 11.25.10 | 14              |
| 11.25.10 - 11.32.00 | 16              |
| 11.32.00 - 11.38.50 | 17              |

Resurfacing: 15:00 Warm-Up: 6:00 Duration of Skating: 3:30 +/-10 seconds Introduction: 0:30 Judging First: 2:50 Judging Last: 2:50

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SENIORIT, NAISSET FREE SKATING**

**SUNDAY, 01 FEBRUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 12.15.00 - 12.21.00 | Warm-Up Group 1 |
| 12.21.30 - 12.28.20 | 1               |
| 12.28.20 - 12.35.10 | 2               |
| 12.35.10 - 12.42.00 | 3               |
| 12.42.00 - 12.48.50 | 4               |
| 12.48.50 - 12.55.40 | 5               |
| 12.55.40 - 13.02.30 | 6               |

Warm-Up: 6:00    Duration of Skating: 3:30 +/-10 seconds    Introduction: 0:30    Judging First: 2:50    Judging Last: 2:50

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SM-SENIORIT, NAISSET FREE SKATING**

**SUNDAY, 01 FEBRUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 13.05.00 - 13.11.00 | Warm-Up Group 1 |
| 13.11.30 - 13.18.50 | 1               |

Warm-Up: 6:00    Duration of Skating: 4:00 +/-10 seconds    Introduction: 0:30    Judging First: 2:50    Judging Last: 2:50

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SM-JUNIORIT, NAISSET FREE SKATING**

**SUNDAY, 01 FEBRUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 13.05.00 - 13.11.00 | Warm-Up Group 1 |
| 13.18.50 - 13.25.40 | 1               |
| 13.25.40 - 13.32.30 | 2               |

Warm-Up: 6:00    Duration of Skating: 3:30 +/-10 seconds    Introduction: 0:30    Judging First: 2:50    Judging Last: 2:50

# HELMIPIRUETIT

## TIME SCHEDULE

### SM-NOVIISIT, POJAT FREE SKATING

**SUNDAY, 01 FEBRUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 14.00.00 - 14.05.00 | Warm-Up Group 1 |
| 14.05.30 - 14.11.40 | 1               |

Warm-Up: 5:00    Duration of Skating: 3:00 +/-10 seconds    Introduction: 0:30    Judging First: 2:40    Judging Last: 2:40

**HELMIPIRUETIT**  
**TIME SCHEDULE**  
**SM-NOVIISIT, TYTÖT FREE SKATING**

**SUNDAY, 01 FEBRUARY 2026**

|                     |                 |
|---------------------|-----------------|
| 14.15.00 - 14.20.00 | Warm-Up Group 1 |
| 14.20.30 - 14.26.40 | 1               |
| 14.26.40 - 14.32.50 | 2               |
| 14.32.50 - 14.39.00 | 3               |
| 14.39.00 - 14.45.10 | 4               |
| 14.45.10 - 14.51.20 | 5               |
| 14.51.20 - 14.57.30 | 6               |
| 14.57.30 - 15.03.40 | 7               |
| 15.03.40 - 15.09.50 | 8               |
| 15.09.50 - 15.24.50 | Ice Resurfacing |
| 15.24.50 - 15.29.50 | Warm-Up Group 2 |
| 15.30.20 - 15.36.30 | 9               |
| 15.36.30 - 15.42.40 | 10              |
| 15.42.40 - 15.48.50 | 11              |
| 15.48.50 - 15.55.00 | 12              |
| 15.55.00 - 16.01.10 | 13              |
| 16.01.10 - 16.07.20 | 14              |
| 16.07.20 - 16.13.30 | 15              |
| 16.13.30 - 16.19.40 | 16              |

Resurfacing: 15:00 Warm-Up: 5:00 Duration of Skating: 3:00 +/-10 seconds Introduction: 0:30 Judging First: 2:40 Judging Last: 2:40